

Steps for dealing with Bullying behaviour

1. Verbal Warning and Discussion

- Why: Helps the child to understand what they did is wrong
- How: Explain why the behaviour is unacceptable and what kindness looks like.

2. Reflective Activities

- Writing or drawing about how the target of bullying behaviour might feel.
- Completing a 'Think Sheet' with questions like: *What happened? How did it affect others? What will you do differently?*

3. Apology and Restorative Actions

- Why: Encourages empathy and accountability
- How: A verbal or written apology, plus a positive action (eg, helping the classmate with a task)

4. Loss of Privileges

- Missing part of play-time or a fun activity.
- Temporary restriction from group games if bullying has occurred during play

5. Parent Involvement

- Why: Reinforces the message at home
- How: Inform parents and suggest strategies for supporting positive behaviour.

6. Social Skills Support

- Why: Addresses underlying issues like anger or social challenges
- How: Short sessions within an ELSA group.

7. Positive Reinforcement for Improvement

- Why: Encourages lasting change
- How: Praise or reward when the child demonstrates kindness and respect