

Highgate Primary School Anti-Bullying Strategies and Techniques

Prevention Techniques:

- The use of Peer Support Programmes. At Highgate this is the use of Kindness Champions to help reduce vulnerability and be Upstanders to bullying.
- Clear Anti-Bullying Policy shared with both children and parents.
- We promote a Positive Culture within school. Our school values are explicit to prevent bullying.
- Clear Communication with children and parents for how to report incidents confidently. This includes lessons, assemblies and posters showing Anti-Bullying Champions.
- Anti-Bullying Curriculum: PSHE lessons and assemblies, no outsider's lessons. This includes teaching intervention skills and rewarding positive actions.
- Staff training and workshops including the training of lunch time staff
- Pupil Voice: school, council, anti-bullying ambassadors, listening monsters/boxes.
- Parent Engagement: Questionnaires, clear communication channels, newsletters, workshops.
- Environment: Displays, visible staff presence at break times and friendship benches.
- Half-termly lessons and assemblies to prevent Cyberbullying.

Corrective Techniques

- Highgate pledge to immediately respond to any reports of bullying. We hold the children's safety as our most important value. We record the details of the incidents/ reports.
- We investigate **any** reports. We talk to all parties involved, review the school policy consistently and use age-appropriate actions to correct behaviour.
- Highgate support the target of bullying is varying ways including emotions support such as ELSA in 1:1 or group settings. This can help build confidence, and teaching assertiveness skills to deal with bullying behaviour.

- We address the child who is carrying out the bullying behaviour by understanding the cause, behavioural interventions and parental involvement. Parents will always be informed so the school can work together with them to carry out solutions.
- Regular monitoring both in the playground and the classroom to look for early or reoccurring signs of bullying.
- Safe Spaces such as nurture lunch and the den.