

Anti-bullying Curriculum coverage

Key Features:

- 6 lessons per year group. Taught in PSHE lesson first week of each half-term
- Types of bullying introduced at the same each year,
- Protected Characteristics gradually introduced and fully covered by Year 6
- Active Learning: Role play, art, debates, pledges, posters and peer mentoring
- Coverage of how to report verbally/non-verbally.
- Scenario's linked to class issues each lesson. How to deal with these issues?

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	What is a friend? Story time about sharing and caring	Feelings and Faces: Recognising emotions; how unkindness makes us feel.	Kind vs. Unkind: Simple role-play of kind/unfriendly actions	Everyone is special: Drawing 'What makes me unique?' Introduce diversity	Helping Hands: Practice helping someone who is left out	Class Kindness Pledge: Create a poster of promises to be kind.
Year 1	What is bullying? Teasing vs. bullying explained	Types of bullying: Physical, verbal, psychological I (simple examples)	Celebrating families: Protected characteristics family structures and gender	Respecting cultures: Protected characteristics race and religion	Stop That's not kind: Role-play saying no to bullying	Kindness challenge: Daily acts of kindness tracked as a class
Year 2	Bullying vs One-off unkindness: Sorting activity	Types of bullying: Recap physical, verbal, psychological and introduce cyber on a basic level	Respecting abilities: Protected characteristics disability awareness	Respecting boys and girls: Protected characteristic gender	Being an Up stander: Role-play helping someone being bullied	Kindness Jar Celebration: Reflect on acts of kindness collected

Year 3	How bullying feels: Empathy exercise (Walk in someone's shoes)	Types of bullying: Recap and deeper look at psychological exclusion and rumors	Respecting Age differences: Protected characteristic age	Disability awareness: Learning about assistive devices and inclusion	Class Mural: Collaborative art celebrating diversity	Bystander to Upstander: Role-play scenarios of standing up for others.
Year 4	Stereotypes of fairness: Discussion on why stereotypes are harmful	Types of Bullying: Recap of types and focus on cyberbullying basics (safe online behaviour)	Respecting Religion and Belief: Protected characteristic traditions and practices	Poster Campaign: 'We are all different, we are all equal'	Debate: What makes a good friend? Critical thinking activity	Digital Kindness: Practice positive online messages
Year 5	Standing Up Against Bullying: Courage to speak out.	Types of Bullying: Recap of types and focus on complex forms (rumours, exclusion and cyber)	Respecting Sexual Orientation: Protected characteristic different family types	Reporting Bullying: Difference between telling vs. tattling.	Peer Buddy System: Introduce mentoring younger pupils.	No Bullying Promise: Write pledges to protect classmates.
Year 6	Bullying in Secondary School: Preparing for new challenges.	Types of Bullying: Recap types of bullying and consolidation	Protected Characteristics in Full: Race, religion, disability, gender, sexual orientation and age.	Workshop: How to be an Upstander: Advanced role-play	Digital Citizenship: Safe social media use tackling online bullying.	Peer Mentoring Project: Year 6 pupils lead anti-bullying activities for younger classes.