

Personal, Social, Health and Economic

Physical health and wellbeing, Drug, alcohol and tobacco education, Identity, Society and Equality, Keeping safe and Managing Risk, Mental Health and Emotional Wellbeing, Careers, Financial Capability and Economic Wellbeing, Sex and relationship education



EYFS	Year I	Year 2	Year 3	Year 4	Year 5	Year 6		
Autumn								
Development Matters –	Physical health and	Physical health and	Keeping safe and	Identity, society and	Physical health and	Sex and relationship		
Reception	wellbeing:	wellbeing:	managing risk: Bullying -	equality:	wellbeing:	education:		
Self-Regulation	Fun times	What keeps me	see it, say it, stop it	Democracy	In the media	Healthy relationships /		
- See themselves as a		healthy?				How a baby is made		
valuable individual.	Lesson 1		<u>Lesson I</u>	<u>Lesson I</u>	Lesson I			
- Express their feelings	To know about food that is	Lesson I	To recognise bullying	To know about Britain as a	To know that messages	<u>Lesson I</u>		
and consider the feelings	associated with special times	To know about eating well.	(including online) and how it	democratic society.	given on food adverts can	To learn about the changes		
of other	in different cultures.		can make people feel.	Lesson 2	be misleading.	that occur during puberty.		
		Lesson 2	Lesson 2	To know about how laws are	Lesson 2	Lesson 2		
Managing Self	Lesson 2	To know about the	To know about different	made.	To know about role	To consider different		
- Show resilience and	To know about active	importance of physical	types of bullying and how to	made.	models.	attitudes and values around		
perseverance in the face	playground games from around the world.	activity, sleep and rest.	respond to incidents of	Lesson 3	modelo.	gender stereotyping and		
of challenge Identify	around the world.		bullying.	To learn about the local	Lesson 3	sexuality and consider their		
and moderate their own	Lesson 3	Lesson 3		council.	To know about how the	origin and impact.		
feelings socially and	To know about sun-safety.	To know about how germs are spread, how we can	Lesson 3		media can manipulate	5 1		
	To know about sun-salety.	prevent them spreading and	To know about what to do	No Outsiders	images and that these	Lesson 3		
emotionally		people who help us to stay	if they witness bullying.	The Way Back Home	images may not reflect	To know what values are		
	No Outsiders	healthy and well.		To overcome language as a	reality.	important to them in		
<u>Manage their own</u>	Ten Little Pirates	ficarcity and went	<u>No Outsiders</u>	barrier.		relationships and to		
<u>needs.</u>	To know how to play with	<u>No Outsiders</u>	Beegu		<u>No Outsiders</u>	appreciate the importance		
- Personal Hygiene Know	boys and girls.	What the Jackdaw Saw	To be welcoming.	Drug, alcohol and	Rose Blanche	of friendship in intimate		
and talk about the		To know how to		tobacco education:	To justify my actions.	relationships.		
different factors that	Keeping safe and	communicate in different	Drug, alcohol and	Making choices	I de retitue de siste an d	Lannan A		
support their overall	managing risk:	ways.	tobacco education: Tobacco	Lesson I	Identity, society and equality: Stereotypes,	<u>Lesson 4</u> To know about human		
health and wellbeing: •	Feeling safe		is a drug	To know that there are	discrimination and	reproduction in the context		
regular physical activity•		Mental health and	is a drug	drugs (other than medicines)	prejudice (including	of the human lifecycle.		
healthy eating • tooth	Lesson I	emotional wellbeing:	Lesson I	that are common in everyday	tackling homophobia)			
brushing • sensible	To know about safety in	Friendship	To know the definition of a	life, and why people choose	······································	Lesson 5		
amounts of 'screen time'	familiar situations.	• • • • • •	drug and that drugs	to use them.	Lesson I	To know how a baby is		
 having a good sleep 	Lesson 2	<u>Lesson 1</u> To know about the	(including medicines) can be		To learn about	made and grows		
routine • being a safe	To know about personal	importance of special	harmful to people.	Lesson 2	stereotyping, including	(conception and pregnancy).		
pedestrian	safety.	people in their lives.		To know about the effects	gender stereotyping.			
P	Sarcey.	people in their inves.	Lesson 2	and risks of drinking alcohol.		Lesson 6		
Building Relationships	Lesson 3	Lesson 2	To know about the effects		Lesson 2	To know about roles and		
- Think about the	To know about people who	To know about making	and risks of smoking	Lesson 3	To complete a workshop	responsibilities of parents		
perspectives of others	keep them safe outside the	friends and who can help	tobacco and second-hand	To know about different	about diversity.	and carers.		
Build constructive and	home.	with friendships (on and	smoke.	patterns of behaviour that	1	1		
respectful relationships		offline).	Losson 3	are related to drug use.	<u>Lesson 3</u> To know about prejudice	<u>Lesson 7</u> To answer each other's		
·	<u>No Outsiders</u>		<u>Lesson 3</u> To know about the help	No Outsiders	and discrimination and how	questions about sex and		
	Elmer	Lesson 3	available for people to	The Flower	this can make people feel.	relations about sex and		
1	To like the way that I am		available for people to	THE HOWEN	uns can make people leel.	relationships with		

		To know about solving problems that might arise with friendships (on and offline). <u>No Outsiders</u> <i>Blown Away</i> To be able to work with everyone in my class.	remain smoke free or stop smoking.	To ask questions.	No Outsiders And Tango Makes Three To accept people who are different from me.	confidence, where to find support and advice when they need it. <u>Lesson 8</u> To learn some myths and misconceptions about HIV, who it affects and how it can and cannot be transmitted. <u>Lesson 9</u> To know that contraception can be used to stop a baby from being conceived. <u>No Outsiders</u> <i>Princess Boy</i> To promote diversity.
			Spring			
EYFS	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
	Identity, society and	Sex and relationship	Mental health and	Physical health and	Keeping safe and	Drug, alcohol and
Self-Regulation ELG -	equality:	education:	emotional wellbeing:	wellbeing:	managing risk: Making	tobacco education:
Show an understanding	Me and others	Boys and girls, families	Strengths and challenges	What is important to	safer choices	Weighing up risk
of their own feelings and				me?		
those of others, and	<u>Lesson I</u>	<u>Lesson I</u>	<u>Lesson I</u>		<u>Lesson I</u>	
begin to regulate their	To know what makes	To understand and respect	To know about celebrating	Lesson I	To know about keeping	<u>Lesson I</u> Te leave about the viele
behaviour accordingly; -	themselves and others	the differences and	achievements and setting	To know why people may eat	safe online.	To learn about the risks
Set and work towards	special.	similarities between people.	personal goals.	or avoid certain foods (religious, moral, cultural or	Lesson 2	associated with using different drugs, including
simple goals, being able	Lesson 2	Lesson 2	Lesson 2	health reasons).	To know how to keep safe	tobacco and nicotine
to wait for what they	To know about roles and	To know about the	To know about dealing with	filearti reasons).	when communicating with	products, alcohol, solvents,
want and control their	responsibilities at home and	biological differences	put-downs.	Lesson 2	other people online.	medicines and other legal
	in school.	between male and female	put to milit	To know about other factors		and illegal drugs.
immediate impulses when		animals and their role in the	Lesson 3	that contribute to people's	Lesson 3	
appropriate; - Give	Lesson 3	life cycle.	To know about positive	food choices (such as ethical	To know that vilence	Lesson 2
focused attention to	To know about being co-		ways to deal with setbacks.	farming, fair trade and	within relationships is not	To know about assessing
what the teacher says,	operative with others.	Lesson 3		seasonability).	acceptable.	the level of risk in different
responding appropriately		To know about the	<u>No Outsiders</u>			situations involving drug use.
even when engaged in	No Outsiders	biological differences	The Hueys in the New Jumper	Lesson 3	Lesson 4	
activity, and show an	That's Not How You Do It	between male and female	To use strategies to help	To know about the	To know about problems	Lesson 3
ability to follow	To accept people are different.	children.	someone who feels different.	importance of getting enough	that can occur when	To know about ways to
instructions	unerent.	Lesson 4	unerent.	sleep.	someone goes missing from home.	manage risk in situations involving drug use.
		To know about growing	Identity, society and	No Outsiders		
Managing Self ELG -	Drug, alcohol and	from young to old and that	equality:	Dogs Don't Do Ballet	<u>No Outsiders</u>	No Outsiders
Be confident to try new	tobacco education:	they are growing and	Celebrating difference	To know when to be	How to Heal a Broken Wing	Leaf
activities and show	What do we put into	changing.		assertive.	To recognise when	To overcome fears about
independence, resilience	and on to bodies?		Lesson I		someone needs help.	difference.
and perseverance in the		Lesson 5	To learn about valuing the	Keeping safe and		
face of challenge; -	<u>Lesson I</u>	To know that everyone	similarities and differences	managing risk:	Mental health and	Identity, society and
Explain the reasons for		needs to be cared for and		Playing safe	emotional wellbeing:	equality:

	To know about what can go	ways in which they care for	between themselves and		Dealing with feelings	Human rights
rules, know right from wrong and try to behave	into bodies and how it can	others.	others.	Lesson 1	.	J
accordingly; - Manage	make people feel.			To know how to be safe in	Lesson I	Lesson I
their own basic hygiene		Lesson 6	Lesson 2	their computer gaming	To know about a wide	To learn about people who
and personal needs,	Lesson 2	To know about different	To learn about what is	habits.	range of emotions and	have moved to Leicester
•	To know about what can go	types of family and how	meant by community.		feelings and how these are	from other places (including
including dressing, going	on to bodies and how it can	their home-life is special.		Lesson 2	experienced in the body.	the experience of refugees).
to the toilet, and	make people feel.		Lesson 3	To know about keeping safe		
understanding the		No Outsiders	To learn about belonging to	near roads, rail, water,	Lesson 2	Lesson 2
importance of healthy	No Outsiders	The Great Big Book of Families	groups.	building sites and around	To know about times	To learn about human rights
food choices.	Max The Champion	To understand what		fireworks.	change and how this can	and the UN Convention on
	To understand that our	diversity is.	No Outsiders	1	make people feel.	the Rights of the Child.
Building Relationships	bodies work in different		This is Our House	Lesson 3	1	1
ELG Work and play	ways.		To understand what 'discrimination' means.	To know what to do in an	<u>Lesson 3</u> To learn about the feelings	<u>Lesson 3</u> To know about
cooperatively and take			discrimination means.	emergency and basic emergency first-aid	associated with loss, grief	homelessness.
turns with others; - Form				procedures.	and bereavement.	nomeressness.
positive attachments to				procedures.	and bereavement.	No Outsiders
adults and friendships				<u>No Outsiders</u>		Dreams of Freedom
with peers; - Show				Red: A Crayon's Story		To recognise my freedom.
sensitivity to their own				To be who you want to be.		
and to others' needs.				· · · · · · · · · · · · · · · · · · ·		
			S ame and			
			Summer			
EYFS	Year I	Year 2	Year 3	Year 4	Year 5	Year 6
	Mental health and	Keeping safe and	Careers, financial	Sex and relationship	Drug, alcohol and	Mental health and
Self-Regulation ELG -	emotional wellbeing:	managing risk:	capability and economic	education:	tobacco education:	emotional wellbeing:
Show an understanding	Feelings	Indoors and outdoors	wellbeing: Saving,	Growing up and changing	Different	Healthy
of their own feelings and						Minute
of their own reenings and	Losson I	Losson J	spending and budgeting	Losson L	Influences	Minds
those of others, and	Lesson I To know about different	Lesson I		Lesson I		
those of others, and	To know about different	To know about keeping safe	Lesson 1	To know about the way we	Lesson 1	Lesson I
those of others, and begin to regulate their		To know about keeping safe in the home, including fire	<u>Lesson I</u> To know about what	To know about the way we grow and change throughout	<u>Lesson 1</u> To learn about the risks	<u>Lesson I</u> To know what mental
those of others, and	To know about different types of feelings.	To know about keeping safe	<u>Lesson 1</u> To know about what influences people's choices	To know about the way we	Lesson 1 To learn about the risks associated with smoking	Lesson I
those of others, and begin to regulate their behaviour accordingly; - Set and work towards	To know about different types of feelings. <u>Lesson 2</u>	To know about keeping safe in the home, including fire	<u>Lesson 1</u> To know about what influences people's choices about spending and saving	To know about the way we grow and change throughout	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes,	<u>Lesson I</u> To know what mental health is.
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able	To know about different types of feelings. <u>Lesson 2</u> To know about managing	To know about keeping safe in the home, including fire safety. <u>Lesson 2</u>	<u>Lesson 1</u> To know about what influences people's choices	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u>	Lesson 1 To learn about the risks associated with smoking	<u>Lesson I</u> To know what mental
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they	To know about different types of feelings. <u>Lesson 2</u>	To know about keeping safe in the home, including fire safety.	<u>Lesson 1</u> To know about what influences people's choices about spending and saving	To know about the way we grow and change throughout the human lifecycle.	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and	Lesson 1 To know what mental health is. Lesson 2
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their	To know about different types of feelings. <u>Lesson 2</u> To know about managing	To know about keeping safe in the home, including fire safety. <u>Lesson 2</u> To know about keeping safe	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money.	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u> To know about the physical	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2	Lesson 1 To know what mental health is. Lesson 2 To know about what can
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when	To know about different types of feelings. <u>Lesson 2</u> To know about managing different feelings. <u>Lesson 3</u> To know about change or	To know about keeping safe in the home, including fire safety. <u>Lesson 2</u> To know about keeping safe online, including the benefits	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money. <u>Lesson 2</u>	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u> To know about the physical changes associated with	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis.	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give	To know about different types of feelings. <u>Lesson 2</u> To know about managing different feelings. <u>Lesson 3</u>	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money. <u>Lesson 2</u> To know how people can keep track of their money.	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u> To know about the physical changes associated with puberty. <u>Lesson 3</u>	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use-	Lesson 1 To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel.	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online.	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money. <u>Lesson 2</u> To know how people can keep track of their money. <u>Lesson 3</u>	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u> To know about the physical changes associated with puberty.	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says,	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u>	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money. <u>Lesson 2</u> To know how people can keep track of their money. <u>Lesson 3</u> To know about the world of	To know about the way we grow and change throughout the human lifecycle. <u>Lesson 2</u> To know about the physical changes associated with puberty. <u>Lesson 3</u>	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use-	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately	To know about different types of feelings. <u>Lesson 2</u> To know about managing different feelings. <u>Lesson 3</u> To know about change or loss and how this can feel. <u>No Outsiders</u> My World, Your World	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside.	<u>Lesson 1</u> To know about what influences people's choices about spending and saving money. <u>Lesson 2</u> To know how people can keep track of their money. <u>Lesson 3</u>	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams.	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products.	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u> My World, Your World To understand that we	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside. Lesson 4	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work.	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u> My World, Your World To understand that we share the world with lots of	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside.	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work. No Outsiders	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4 To know about the impact of	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3 To learn strategies to	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after mental health.
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u> My World, Your World To understand that we	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside. Lesson 4 To know about road safety.	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work. No Outsiders Two Monsters	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4 To know about the impact of puberty in physical hygiene	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3 To learn strategies to resist pressure from others	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after mental health. Lesson 4
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. My World, Your World To understand that we share the world with lots of people.	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside. Lesson 4 To know about road safety. No Outsiders	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work. <u>No Outsiders</u> Two Monsters To find a solution to a	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4 To know about the impact of puberty in physical hygiene and strategies for managing	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3 To learn strategies to resist pressure from others about whether to use	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after mental health. Lesson 4 To know about the stigma
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u> My World, Your World To understand that we share the world with lots of people.	To know about keeping safe in the home, including fire safety. <u>Lesson 2</u> To know about keeping safe online, including the benefits of going online. <u>Lesson 3</u> To know about keeping safe outside. <u>Lesson 4</u> To know about road safety. <u>No Outsiders</u> The First Slodge	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work. No Outsiders Two Monsters	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4 To know about the impact of puberty in physical hygiene	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3 To learn strategies to resist pressure from others about whether to use drugs- smoking drugs and	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after mental health. Lesson 4 To know about the stigma and discrimination that can
those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions Managing Self ELG -	To know about different types of feelings. Lesson 2 To know about managing different feelings. Lesson 3 To know about change or loss and how this can feel. <u>No Outsiders</u> <i>My World, Your World</i> To understand that we share the world with lots of people. Careers, financial capability and economic	To know about keeping safe in the home, including fire safety. Lesson 2 To know about keeping safe online, including the benefits of going online. Lesson 3 To know about keeping safe outside. Lesson 4 To know about road safety. <u>No Outsiders</u> The First Slodge To understand how we	Lesson 1 To know about what influences people's choices about spending and saving money. Lesson 2 To know how people can keep track of their money. Lesson 3 To know about the world of work. <u>No Outsiders</u> Two Monsters To find a solution to a problem.	To know about the way we grow and change throughout the human lifecycle. Lesson 2 To know about the physical changes associated with puberty. Lesson 3 To know about menstruation and wet dreams. Lesson 4 To know about the impact of puberty in physical hygiene and strategies for managing this.	Lesson 1 To learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis. Lesson 2 To learn about different influences on drug use- alcohol, tobacco and nicotine products. Lesson 3 To learn strategies to resist pressure from others about whether to use	Lesson I To know what mental health is. Lesson 2 To know about what can affect mental health and some ways of dealing with this. Lesson 3 To know about some everyday ways to look after mental health. Lesson 4 To know about the stigma
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and perseverance in the	To know about where	Medicines and me	Lesson I	strategies for dealing with		To welcome difference and
•	money comes from and	riculation and the	To know about making	this.		stand up to discrimination.
face of challenge; -	making choices when	Lesson I	healthy choices about food	citis.	Careers, financial	stand up to discrimination.
Explain the reasons for	spending money.	To know why medicines are	and drinks.	Lesson 6	capability and	Keeping safe and
rules, know right from	spending money.	taken.		To answer each others'	economic	managing risk:
wrong and try to behave	Lesson 2	uncern.	Lesson 2	questions about puberty with	wellbeing: Borrowing	Keeping safe - out and
accordingly; - Manage	To know about saving	Lesson 2	To know about how	confidence, to seek support	and earning money	about
their own basic hygiene	money and how to keep it	To know where medicines	branding can affect what	and advice when they need it.		about
and personal needs,	safe.	come from.	foods people choose to buy.		Lesson I	
including dressing, going	Suici			No Outsiders	To learn that money can	Lesson I
to the toilet, and	Lesson 3	Lesson 3	Lesson 3	King and King	be borrowed but there are	To learn about feelings of
	To know about the different	To know about keeping	To know about keeping	To understand why people	risks associated with this.	being out and about in the
understanding the	jobs people do.	themselves safe around	active and some of the	choose to get married.	hists associated with this.	local area with increasing
importance of healthy	Jobs people do.	medicines.	challenges of this.	choose to get married.	Lesson 2	independence.
food choices.		medicines.	chancinges of this.		To know about enterprise.	independence.
		No Outsiders	No Outsiders		To know about cheer prise.	Lesson 2
Building Relationships		The Odd Egg	Big Bob, Little Bob		Lesson 3	To learn about recognising
ELG Work and play		To understand what makes	To use my pupil voice.		To know what influences	and responding to peer
cooperatively and take		someone feel proud.			people's decisions about	pressure.
turns with others; - Form		someone reer proud.			careers.	pi essui e.
positive attachments to					car cer s.	Lesson 3
•					No Outsiders	To learn about the
adults and friendships					Where the Poppies Now	consequences of anti-social
with peers; - Show					Grow	behaviour (including gangs
sensitivity to their own					To learn from our past.	and gang related behaviour).
and to others' needs.					ro learn ron our past.	and gang related behaviour j.
						Lesson 4
						To learn about the
						importance for girls to be
						protected against FGM.
						No Outsiders
						The Island
						To challenge the causes of
						racism.