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| *Highgate Community Primary School Year 3* ***Science: Movement and feeding*** | | | |
| ***Vocabulary*** | | ***Food Groups*** | ***Human skeleton*** |
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| ***healthy*** | *In a good physical and mental condition* |
| ***nutrients*** | *Substances that animals need to stay alive and healthy* |
| ***energy*** | *Strength to be able to move and grow* |
| ***nutrition*** | *Food necessary for health and growth* |
| ***skeleton*** | *Bones surrounding our important organs* |
| ***muscle*** | *Soft tissue in the body that contracts and relaxes to cause movement of the skeleton* |
| ***contract*** | *When a muscle becomes smaller, shorter and tighter* |
| ***vertebrate*** | *Animals with backbones* |
| ***invertebrate*** | *Animals without backbones* |
| ***tendons*** | *Cords that join muscles to bones* |
| ***joints*** | *Areas where two or more bones are fitted together* | ***Key Facts*** | |
|  | | *•Living things need food to grow and to be strong and healthy*  *•Plants can make their own food, but animals cannot*  *•To stay healthy, humans need to exercise, eat a healthy diet and be hygienic* | |