## Understanding your child's behaviour A Solihull Approach group for parents and carers



- Would you like to know more about your child's development?
- Would you like a better understanding of your child's behaviour?
- Do you know why your child has temper tantrums?
- Would you like the chance to meet with other parents with children of a similar age?

We will be running a group for parents and carers, with children aged ......0-12..... years at Highgate primary school. The group is based on an approach developed in Solihull that has been helpful to parents and has shown that children's behaviour tends to improve.

We will explore issues like:

- Having fun together
- Communication
- Development needs
- Parenting styles **Behaviour difficulties** Sleep

weekly for 10 weeks on Friday at 10am. The group is completely free of charge and places will be filled on a first come, first served basis.

If you are interested in joining the group, please return the tear-off slip below to the school office or Children's Centre or for further information, please contact the group facilitator below.

Name: ......Mrs Wood ....... nurture@highgate.leics.sch.uk

## Understanding your child's behaviour

Name of children's centre/school:
Parent's name:
Telephone:
Address (including postcode):

.....

Child's name:	Date of birth:

The group will then meet on the following dates: Friday 3<sup>rd</sup> May 10<sup>th</sup> May 17<sup>th</sup> May 24<sup>th</sup> May Half term holiday - no session 7<sup>th</sup> June 14<sup>th</sup> June 21<sup>st</sup> June 28<sup>th</sup> June 5<sup>th</sup> July 12<sup>th</sup> July

Supported by:

Solihull Approach website for parents: www.inouplace.co.uk