

Understanding your child's behaviour

A Solihull Approach group for parents and carers



- Would you like to know more about your child's development?*
- Do you understand your child's behaviour?*
- Would you like a chance to meet with other parents with children of a similar age?*
- Do you know why children have temper tantrums?*

Groups are held for parents and carers in a variety of venues throughout Solihull, for age ranges from birth to 18 years.

The groups are for parents and carers who want to know more about parenting and how children develop, and to understand children's behaviour better.

Our evaluation of previous groups has shown that parents have found this group helpful, they tend to feel less anxious and their children's behaviour tends to improve.

We will explore issues like:

- ❖ **Having fun together**
- ❖ **Development needs**
- ❖ **Behaviour difficulties**
- ❖ **Communication**
- ❖ **Parenting styles**
- ❖ **Sleep**

The group will be run for two hours once a week for ten weeks. Groups do not run in the school holidays.

Younger siblings will be welcome, however it is useful if child care could be organised.

This course and everything you need is free.

Don't worry if you do not know anyone else coming to the group as one of the course leaders will contact you before the group starts. We will tell you more about the course and ask you what you want to get out of it.

If you would like to attend this group or for further details contact:

Name: Mrs Wood or Mrs Jarram

Job title: Nurture practitioner and ELSA.....

Telephone: school phone number.....

Email: Nurture@highgate.leics.sch.uk.....

Supported by:

Highgate primary school

Solihull Approach website for parents: www.inouplace.co.uk