

Year 1

A Suggested Daily Routine



and Home Learning Activities

Before 9.00am	Wake up (In other words- get out of bed!)	Eat breakfast, make your bed, get dressed, put PJs in the laundry if needed, brush your teeth.	
9.00 - 9:30	Morning walk or exercise	Family walk, yoga, bikes, play in the garden, skipping etc	
9:30 – 10:15	Academic time	English/ Phonics (Write in your diary – 10 mins) – Ideas for English below.	
10:15-10.45	Healthy snack and playtime	Lego, games, tv.	
10:45 – 11:30	Academic time	Maths (Ideas for Maths below)	
11:30 – 12:00	Chores	Suggested jobs Put clothes away, tidy your room, load the dishwasher, help prepare lunch and help wipe surfaces.	
12.00 – 1:00	Lunch		
1:00 – 2:00	Academic time	Wider curriculum (Ideas for Wider curriculum below)	
2:00 – 2:30	Healthy snack and play time	Lego, games, role play, puzzles etc.	
2:30 – 3:30	Creative time	Drawing, crafting, play music, cook or bake, junk modelling etc (includes tidying up)	
3:30 – 4:00	Afternoon fresh air	Family walk, yoga, bikes, play in the garden, skipping etc	
4:00 – 5:00	Quiet Time	Reading, puzzles, free writing, colouring, story time with an adult.	
5.00 onwards	Dinner, showers, free time, TV, playing etc.		

We will be using Classdojo as a platform for you to upload pictures and comments about what you've been getting up to during this unprecedented time. Teachers may set challenges on Classdojo for your children to complete if they wish to.

If you have any questions or queries during this time, please contact: eduhelp@highgate.leics.sch.uk

A member of staff will endeavour to get back to you asap during working hours.

Year 1

Learning activities linked to academic time

<u>Maths</u>	Work through the Mathletics allocated work – Miss Mallon has	Mathletics login information		
	allocated work for each child. This is recap work from the start of the	will be sent home in the		
Mathletics	year onwards and specifically set for your child.	learning packs.		
	Purple Mash has a range of different maths activities that children can			
	access.	Purple mash login information		
		will be sent home in the		
	Hit the Button is great for recall and practice	learning packs.		
nurnle	Year 1 focus: Number bonds to 10.			
pulpic	-			
116911	For maths these videos have been used in class to learn specific parts			
	of the year 1 curriculum.			
	Counting in 2's: https://www.youtube.com/watch?v=GvTcpfSnOMQ			
SIN the	Counting in 5's: https://www.youtube.com/watch?v=EemjeA2Djjw			
	Counting in 10's:			
Ason Com	https://www.youtube.com/watch?v=Ftati8iGQcs&list=PL34kTbST-			
States (Table)	mgh-srBAxvCTNTfLTW6UvfqB			
	Counting to 100: https://www.youtube.com/watch?v=e0dJWfQHF8Y			
Writing/ Reading	Read their individual books, magazines, home books etc.	Username and password on		
		separate guidance page.		
	Oxford Owls website (see separate guidance page)			
Oxford O				
OWL	Writing – Every child should complete a diary 10 minutes per day to			
*	document this novel experience. With year 1 this could be a drawing			
	of their day and a few sentences explaining the picture.			
	Spelling of common exception words practise- CEW mat to be sent			
	home			
<u>Phonics</u>	Phonics play is a great way for your child to practise the phonics they	Username: march20		
	have learnt by playing games. There are lots of other resources on	Password: home		
PhonicsPlay.co.uk	there such as sound and tricky word flashcards.			
	All children have currently learnt up to Phase 5 onwards. They can			
	choose to recap earlier phases or consolidate their current phonics.			
	They may even want to continue learning.			
nurnle	Purple Mash has a range of different uses. It is used in Year 1 to aid	Purple mash login information		
purple	computing. Each child has their own login sent home in their learning	will be sent home in the		
11(6)111	packs. Uses include maths, topics, writing and more.	learning packs.		
Wider curriculum	www.twinkl.co.uk – All subjects: Home learning packs			
vviuei cuiticuiuiii	<u>www.bbc.co.uk/bitesize</u> - All subjects			
	https://kids.classroomsecrets.co.uk – Maths, Reading, Grammar			
	https://www.tts-group.co.uk – All subjects: Home learning packs			
	<u>www.purplemash.com</u> – All subjects: Computing			
	https://www.kisztype.com – Computing/Touch typing			
	https://www.artforkidshub.com – Art			
	https://www.cosmickids.com - Yoga			
Other websites	www.topmarks.co.uk	<u> </u>		
Circ. Websites	Online games English and maths			
	www.fonmarks.co.uk/maths-aames/hit-the-hiitton			
	www.topmarks.co.uk/maths-games/hit-the-button https://garyhall.org.uk/gordons-numeracy-itps.html			
	https://garyhall.org.uk/gordons-numeracy-itps.html			
	https://garyhall.org.uk/gordons-numeracy-itps.html Great selection of learning maths tools and games			
	https://garyhall.org.uk/gordons-numeracy-itps.html			